



BREAD AND BOARD

The NSKS Newsletter..... <https://nksk.org>

The greater Nashua community will be one that ensures that the basic needs of all its members are met in a sustainable, accessible, and dignified way. The Nashua Soup Kitchen and Shelter will provide food and shelter to vulnerable individuals and families in the greater Nashua region

No one should be hungry or homeless in our community.

Thanksgiving 2022

IT'S NEARLY HERE!



A Benefit for the  Nashua Soup Kitchen & Shelter, Inc.

Our 22nd Annual Dinner Auction will be held Saturday, November 5th — our first live auction since 2019! The theme for this year's event is "Raising Hope."

The Silent Auction begins Friday, October 21, at 12PM and closes Saturday, November 5th at 7PM. Bid early and bid often! We need your support to continue to assist Nashua's most vulnerable citizens.

This is the Soup Kitchen's biggest yearly fundraiser. Come support us & have a great time while doing it. For more information, go to <https://nksk.org/>

2022 AUCTION SPONSORS

High Hopes Hero

Granite Subaru

Seeds of Hope

Eileen B. Freedman

Dare to Dream Believer

Microdesk, Inc.

Southern NH Health

Wanderlust Therapeutic Services, PLLC

WARRENSTREET ARCHITECTS

Here Comes the Sun Supporter

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Barrett J. Warhola (Bean Group)

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Crown Linen Service.

Eaton and Berube Insurance

Focused Eye Care

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Journey's End Home Euthanasia Service

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Lowell Five Bank

Nashua Community College

Stella Blu

Worthen Industries.

Building Hope Advocate

Brady Sullivan Properties

G. M. Roth Design Remodeling

Jeanne D'Arc Credit Union

Lamprey Health Care

Nashua Teachers' Union

ReVision Energy

Tamposi-Nash Real Estate Group

Ray of Hope

Morin's Landscaping, Inc.

Northeast Delta Dental

OUR 2022 PANTRY, THANKSGIVING & HOLIDAY FOOD BOX DISTRIBUTION SCHEDULE

November Pantry Schedule

The pantry will follow its regular schedule, Monday through Friday, 11 AM — 2:45 PM until November 15th.

- Wednesday, November 16th — pantry closed
- November 17th – 23rd our pantry will be distributing Thanksgiving boxes 11 AM – 2:45 PM
- November 24th Thanksgiving Day, evening meal, as usual, 4PM – 6PM
- November 25th — pantry closed

December Pantry Schedule

- December 16th — pantry closed
- December 19th –23rd our pantry will be distributing Holiday boxes 11 AM – 2:45 PM
- December 25th — Christmas Day, Sunday meal, as usual, noon – 1:30PM
- December 26th — pantry closed



NASHUA
SOUP KITCHEN
& SHELTER, INC.



P.O. Box 3116 • Nashua, NH 03061

Telephone: 889-7770 www.nksk.org

Find us on Facebook: Nashua Soup Kitchen and Shelter, Inc.

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THANK YOU TO OUR CORPORATE AND FOUNDATION SUPPORTERS!



We're very grateful to our corporate and community partners for their wonderful support over the last month. A great crew of more than 20 Lowe's Home Improvement employees transformed the front of our future emergency shelter at 35 Spring Street, which had formerly been paved with asphalt, into a mixed garden of perennials and shrubs as part of the Lowe's Hometown Grant that NSKS received earlier this year. In addition to our new garden, the Lowe's grant will fund the accessible entrance in our fully ADA-compliant new home and will also replace the front door of the historic building. And a hardworking group from Citizens Bank did a mighty job replacing invasives with native plants, adding some colorful container gardens, and generally making our soup kitchen and food pantry so much more welcoming as part of Citizens' Credo Week. Their work made an incredible difference!



We also received several very generous grants that will help make it possible for us to provide food, shelter, and essential services to individuals and families in crisis in our community. The New Hampshire Charitable Foundation has awarded NSKS a grant to assess the unmet food needs of Nashua's communities of color, provide DEI training for NSKS staff, and make changes to our soup kitchen and food pantry to fully serve these communities. Longtime supporters Tulley Auto and Nashua Rotary West have both once again supported our Meals for Kids program while Cirtronics Corporation of Milford, who have been donors for more than 20 years, made a gift for our general operations. Thank you for all you do for NSKS and the Nashua community!

30 DAYS OF GIVING

Do you have an advent calendar that you open every day to count down to Christmas? Why not switch it up a little and create a Holiday Box to benefit the Nashua Soup Kitchen & Shelter? It's a great way to practice giving this holiday season.



Every day for 30 days, take an item from the list below and place it in a box. Once your box is full with all 30 items, drop it off at 2 Quincy St. Nashua NH. Items received by Thursday, November 17th will go towards our Thanksgiving Food Boxes. Items received by Friday, December 16th will go towards our December Holiday baskets. Items received after those dates will restock our Pantry shelves for the New Year.

1. Instant oatmeal
2. Peanut butter (any type)
3. Pasta (any type)

4. Boxed macaroni & cheese
5. Canned corn or mixed Vegetables
6. Canned carrots, peas, or combo
7. Canned tuna or chicken
8. Gravy (canned or envelope)
9. Cranberry sauce
10. Broth
11. Rice
12. Dried beans (black, red, or pinto)
13. Canned beans (black, red, or pinto)
14. Box of instant potatoes
15. Stuffing mix (bagged or boxed) enough for a 14lb. turkey
16. Spices — salt, pepper, cinnamon, garlic or onion powder. Mild spices are preferred.
17. Canned fruit (pineapple and peaches are most popular)
18. Miniature marshmallows
19. Small bag of sugar
20. Small bag of flour
21. Small bag of light or dark brown sugar
22. Hot chocolate mix
23. Bottle of dishwashing liquid
24. Bar of soap or body wash
25. Package of shaving razors
26. Deodorant or shaving cream
27. Family-sized bottle of shampoo
28. Family-sized bottle of conditioner
29. Box of tissues
30. \$10 grocery gift card for dessert and other needed ingredients

Be Kind

Director's Blog

Most of the people I know in my line of work live dramatically shortened lives. I was reminded of this the other day when a man I knew in Nashua died.

Ken was tall, probably about six foot or six foot one. At times, he had something of a walrus mustache. Ken was great to talk to. He was generous, asking if you would like something while he was buying an iced coffee drink. He would ask you for a cigarette and tell you how he was doing regardless. But if you drove into Nashua, you would generally know him by the fact that even in the dead of winter, even when the temperature was in the twenties or even the teens, you would see him walking around with his coat unbuttoned and sometimes without a shirt beneath the jacket. Ken died in September and was buried before I knew that I could grieve. Ken, Milos, Monique, Judi, Stephen, Dallas — the list of names goes on.

What touches me most is how Greater Nashua has come together to help. You might have heard of the term NIMBY, not in my back yard. There is another term today that is gaining popularity and it is very similar, but one letter is changed, it is called Yes In My Back Yard.

As a community, we have, with a few exceptions, been willing to welcome those who were different even when as a nation we live in increasingly segregate communities. We need to be open to living with a broad spectrum of people. We need to be proactive in welcoming the next generation into our community. We need more YIMBYs. We need more people who will say that people who don't look like us, people who are living with a substance abuse disorder, and people who don't fit our childhood memories of New England, have a place here to call home. We need to be present when the town or city council has a proposal to include people. For if we don't, how will we ever be able to help people like Ken?

— Michael Reinke, Executive Director

“Wear gratitude like a cloak, and it will feed every corner of your life.” -Rumi