



BREAD AND BOARD

The NSKS Newsletter

www.NSKS.org

The Greater Nashua Community will be one that ensures that the basic needs of all its members are met in a sustainable, accessible, and dignified way. The Nashua Soup Kitchen and Shelter will provide food and shelter to vulnerable individuals and families in the Greater Nashua Region in a dignified and sustainable manner. NSKS works to increase access to a full spectrum of basic needs through advocacy, targeted programs, and collaboration with other organizations.

No one should be hungry or homeless in our community.

SUMMER 2023

JOIN US JUNE 24th
for
"TOSSING HUNGER ASIDE"



- Each team will receive 2 beverage tickets. Beer can be served to those age 21 and older.
- This competition includes a Food Drive.

We ask that each Team Member bring several non-perishable food items with them to donate.

Soel Sistas Food Truck will be at the event, serving their lunch menu, which includes both vegetarian and gluten-free options.

There will be prizes for the winners. Bragging rights, too! For more information, visit nks.org/cornhole or email nks@nks.org.



NH GIVES

Hosted by the NH Center for Nonprofits, NH Gives is the state's largest day-of-giving — bringing together hundreds of nonprofits and tens of thousands of donors to raise as much money and awareness as possible for the causes served by NH's nonprofit sector.

NSKS and ReGenerative Roots are co-sponsoring a new event — "Tossing Hunger Aside" — our first annual Cornhole Tournament & Food Drive on Saturday, June 24th, from 11AM–2PM. The tournament will be held at Millyard Brewery, 25 East Otterson Street, Nashua, NH.

- This is an all-ages tournament.
- There will be a limit of 32 teams.



NASHUA
SOUP KITCHEN
& SHELTER, INC.



P.O. Box 3116 • Nashua, NH 03061

Telephone: (603)-889-7770 www.nks.org

Find us on Facebook: Nashua Soup Kitchen and Shelter, Inc.

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US POSTAGE
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Starting on Tuesday, June 6th at 5:00PM until Wednesday, June 7th at 5:00PM, our community will have 24 hours (one day!) to celebrate giving across New Hampshire. NSKS will be part of this state-wide effort. To support our campaign, go to <https://www.nhgives.org/> and type in Nashua Soup in the search button.



SUMMER MOBILE PANTRIES

If you know someone who needs a little help to feed their family, share this list of where to pick up free fresh produce this summer with them. These are our mobile pantry locations from April 17th — October 27th.

Monday

11am – 12:30pm — Harbor Care, 45 High Street
2:00 – 3:30pm — Sullivan Terrace North, 56 Tyler Street

Tuesday

11am – 12:30pm — River Pines Mobile Home Park, 34 Birch River Terrace
11am – 12:30pm — Major Drive, Corner of Major Drive and Vagge Drive
2:30 – 3:30pm — Ledge Street Elementary School, 139 Ledge Street

Wednesday

11am – 12:30pm — Nashua PAL, 52 Ash Street
11am – 12:30pm — Arlington Street Community Center, 36 Arlington Street
2:00 – 3:30pm — Lamprey Health Care, 22 Prospect Street

Thursday

11am – 12:30pm — Nashua Community Music School, 2 Lock Street
2:00 – 3:30pm — Greater Nashua Dental Connection, 31 Cross Street

Friday

11am – 12:30pm — Crossway Christian Church, 33 Pine Street
2:00 – 3:30pm — Fairgrounds Middle School, 27 Cleveland Street. Please park across the street.

Healthy food access for healthy lives.
FMI email nsks@nsks.org

BACKPACK PROGRAM

Summer is on its way and we need your help with our annual “Backpacks for Back to School” Program. We collect new backpacks and school supplies for families trying to live on minimum wage, staying at our shelters, or coming to the soup kitchen for food. New backpacks & school supplies always bring joy to the students who get them.

Donations can be dropped off July 31st – August 4th, 9AM – 5PM. We need volunteers to help sort, organize, assemble & distribute. Go to our <https://nsks.org/project/nsks-backpacks-for-back-to-school/> page for our School Supply List & ways to volunteer. FMI, email sbyrne@nsks.org.

SAVE THE DATE

23rd Annual NSKS Dinner Auction
Saturday, November 4, 2023

DIRECTOR’S REPORT

38 million people in our country, roughly the same number of people living in Australia, cannot afford basic necessities. 50 years ago, 11% of the population lived below the poverty line; in 2018, 12% of the population lived below the line. We haven’t made a lot of progress.

Why? One reason is that we have divided the poor into two groups: the deserving and the undeserving. The deserving poor are children, those with catastrophic illness, or those suffering from a natural disaster. They are considered noble and truly in need. The undeserving poor are felt to be undeserving because of a moral failing: breaking the law or developing a substance use disorder. We see their poverty as their own fault: they do not deserve help. Where we place the line between the deserving and the underserving varies, but for most of us, that line is there.

The distinction between the deserving and the undeserving poor is an illusion. It creates the idea that there are people who have chosen to be poor and there are others who have not. The number one indicator for whether a person is going to live with a substance use disorder is their zip code. It is not the color of their skin, nor their religion, nor their family background. Clearly, the 11 million children living in poverty in the United States did not put themselves below the poverty line. Even so, we let the Child Tax Credit, a credit which probably did more than any other initiative in the past several decades to alleviate poverty among this “deserving” population, expire.

At NSKS, we do not make distinctions between deserving and undeserving. If you are hungry, we offer food; if you need shelter, we offer a place to stay. We offer a place where people from all walks of life can come together to share resources and support each other. Matthew Desmond, who has a new book “Poverty, by America” out, and whose work I am drawing upon heavily, says “I think there’s some spiritual violence we do to our lives when we live apart from each other, when we’re segregated from each other.” Thank you for supporting NSKS and our collective effort to provide a basic safety net for everyone.

Sincerely, Michael

OUR TOP TEN MOST-NEEDED ITEMS ARE:

1. Canned Protein – Tuna, Chicken, Turkey, Ham
2. Jars of Peanut Butter
3. Macaroni & Cheese (Kids’ favorite!)
4. Pasta — any type, any brand
5. Cereal — any type, brand or size, hot or cold
6. Body wash or bars of soap
7. Toothbrush & toothpaste (ask your dentist for samples)
8. Feminine Products – both pads & tampons
9. Adult diapers and incontinence pads (we take open packages)
10. Diapers – size 5 and 6 – any brand

Please remember NSKS this summer. Donations slow down during this time Please return the enclosed envelope with a gift. Those who depend on us thank you.