



PO Box 3116 Nashua, NH 03061

Telephone: 603.889.7770

Nashua Soup Kitchen
& Shelter, Inc.



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QUICK STATS FROM SPRING STREET: JAN - JUNE 30

204
DAYS OPEN

11
STUDIO APTS
(SECTION 8)

0
VACANCIES

14 SINGLE WOMEN
18 SINGLE MEN
12 FAMILIES

11,874
BEDNIGHTS

43
CHILDREN



Nashua Soup Kitchen
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Save the Date
November 4, 2023

**HELPING
HANDS**
Gala

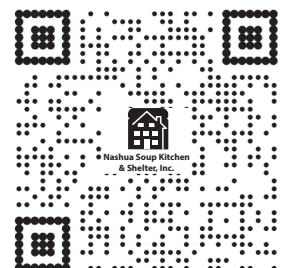
THANK YOU TO OUR DONORS!

We are grateful for funding received from the following corporate partners, municipalities and foundations:

- FEEDNH.org
- Bank of America Charitable Foundation, Inc.
- Citizen's Bank
- Town of Hudson
- Town of Merrimack
- Crane Charitable Funds
- Conway Arena

HOW TO GIVE:

- Enclose check in envelope provided
- Donate at nks.org/give-online/
- Use QR code below to donate online.



Bread & Board

The newsletter of the Nashua Soup Kitchen & Shelter



Nashua Soup Kitchen
& Shelter, Inc.

Feeding the Hungry ● Housing the Homeless ● Supporting Self-Sufficiency

DIRECTOR NOTES

Here at NSKS, we take back-to-school very seriously for our clients and the clients of our partner agencies to make sure all kids in need have the right supplies to start the year off right. Through corporate donations, school supply drives at area businesses and congregations and an army of volunteers, we stuffed over 1500 new backpacks this year for local students entering kindergarten through grade 12.

We also take the needs of our guests very seriously. Recently, I had the chance to sit down with over 30 Spring Street shelter residents to hear about their concerns. Believe it or not, there were lots of laughs together amidst the serious conversation about rules, behavior, as well as guest responsibilities.

And speaking of guests, at the end of the meeting, one client thanked us for calling them “guests” or “residents” and not homeless. She expressed that life is difficult enough without a constant reminder of her circumstances and the associated stigma that comes with being homeless. It reminded me that it can often be just the little things that we do here that can uplift someone’s spirits and put them on a path to a better place.

What a privilege it is for the NSKS staff to do small things every day to get people to a better station in life. And thank you for making it possible for us to do all the small things.... With gratitude and in partnership -- Jane

2 QUINCY STREET GETS NEW FLOORS

With a \$30,000 matching grant from Housing and Urban Development, NSKS is installing new flooring at our 2 Quincy Street pantry location. We will be installing the floors the week of September 11. We will be serving breakfast and dinner, but limiting pantry days to Tuesday and Thursday. Food service will be in our parking lot. We will not be able to accept donations that week, as we will not be able to walk on the floors! Donations should be held until the following week, September 18.

IN-KIND DONATIONS:

We are grateful for every donation that comes through our doors. But some of them we cannot use, so we do not accept them as donations. We CANNOT accept the following items:

- Opened or expired food
- Baby equipment – i.e., cribs, strollers, car seats
- Mattresses, pillows, sheets, comforters, quilts

- Household items (dishes, pot/pans, lights, fans, etc.)
- Clothing (other than NEW underwear, new or gently-used sweatpants, new shorts & belts)
- Furniture



CALLING ALL VOLUNTEERS

NSKS runs on volunteers! We could not provide all the services we do without YOU! Volunteers put in countless hours to make NSKS run smoothly.



We need volunteers in the office, in the pantry to stock food, prepare Meals For Kids, to serve meals, and help with other projects. Many different shift times are available. What do you like to do?

NSKS has a new volunteer system which allows volunteers to sign up for their shifts each week. This easy-to-use system will send you reminders of when your shift is coming. All volunteers should register with VolunteerHub today and select your shifts.

<http://bit.ly/VolunteerNSKS>. You can easily do this by scanning this QR Code with your mobile device.



MOST-NEEDED ITEMS

As the weather changes, so do the needs of our clients. Our current greatest needs are:

1. Protein - Tuna, Chicken, Turkey, Ham
2. Peanut butter
3. Macaroni & Cheese
4. Pasta
5. Cereal -- hot or cold
6. Body wash or bars of soap
7. Toothbrush & toothpaste
8. Feminine hygiene products
9. Adult diapers and incontinence pads
10. Diapers -- Size 3, 4, 5
11. Cooking spray
12. Canned ravioli

