



# BREAD AND BOARD

The NSKS Newsletter

www.NSKS.org

The Greater Nashua Community will be one that ensures that the basic needs of all its members are met in a sustainable, accessible, and dignified way. The Nashua Soup Kitchen and Shelter will provide food and shelter to vulnerable individuals and families in the Greater Nashua Region in a dignified and sustainable manner. NSKS works to increase access to a full spectrum of basic needs through advocacy, targeted programs and collaboration with other organizations.

*No one should be hungry or homeless in our community.*

**SUMMER 2022**



## NH GIVES

NH Gives is our state's largest day-of-giving. Sponsored by the NH Center for Nonprofits, NH Gives brings together hundreds of nonprofits and tens of thousands of donors to raise as much money and awareness as possible for NH's nonprofits and their causes.

Starting on Tuesday, June 8th at 6:00PM until Wednesday, June 9th at 6:00PM, our community will have 24 hours (only one day) to celebrate giving across New Hampshire. Our Facebook page — [facebook.com/NSKandS](https://facebook.com/NSKandS) — will celebrate NH Gives with posts all day about our work and the people in our community who support it.

To support our campaign, go to <https://www.nhgives.org/> and type in Nashua Soup in the search button.

## SAVE THE DATE

for

## “RAISING HOPE”

**22ND ANNUAL NSKS DINNER AUCTION**

**SATURDAY, NOVEMBER 5, 2022**

## NSKS RECEIVES GRANT FROM ORACLE CORPORATION

NSKS has received another generous grant from Oracle Giving to support our organization. The \$20,000 grant will be used to support our soup kitchen, food pantry, and employment education programs. These programs provided more than 60,000 meals and helped 562 individuals search for jobs in 2021.

Oracle Corporation is a global leader in cloud applications and platform services. Thank you.

## BACKPACK PROGRAM

Summer is on its way and we need your help with our annual “Backpacks for Back to School” Program. We collect new backpacks and school supplies for families trying to live on minimum wage, staying at our shelters, or coming to the soup kitchen for food. Starting a new school year with a new backpack & school new supplies always brings joy to the students who get them.

**Donations can be dropped off from August 1st – August 6th 9AM – 4PM.** We will need volunteers to help sort, organize, assemble & distribute. Please check our website for more information <https://nks.org> or email [carol@nks.org](mailto:carol@nks.org).

## SUMMER MOBILE PANTRIES

STARTING APRIL 18 — Our mobile pop-up pantries are back! Pop-Ups occur at two different times each day – 11am and 2pm. FMI email [june@nks.org](mailto:june@nks.org).



NASHUA  
SOUP KITCHEN  
& SHELTER, INC.



P.O. Box 3116 • Nashua, NH 03061

Telephone: (603)-889-7770 [www.nks.org](http://www.nks.org)

Find us on Facebook: Nashua Soup Kitchen and Shelter, Inc.

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## WISH LIST

We have discovered that storing donations in vacuum-sealed bags is a great way to go. It keeps the items that we store — pillows, sheets, towels, blankets, jackets, hoodies, socks — clean and dust free until we need them. To do this we need jumbo vacuum storage bags, which can be ordered from Amazon. Our wish list for the pantry is a little different as well:

- Canned pineapple
- Pineapple juice
- Peanut butter – any variety, brand, or size
- Solid white tuna
- Salad dressing – any variety or brand
- Spices, especially garlic powder
- Canned corn
- Dried beans – any variety, brand, or size
- Cereal – any variety, brand, or size
- Dried lentils – any variety, brand, or size

## TRYSTAN'S AWESOME FUNDRAISER



Meet Trystan Jordan, who may be Nashua's youngest philanthropist. The New Searles fourth-grader was inspired by an article about the philanthropic efforts of the Kindness Kid in *Scholastic News* and by YouTube's Mr. Beast to raise money for other kids.

He decided to have a fundraiser because, in his own words, "I have everything I need and it's nice to give to people who don't have everything they need." His mother set up the crowdfunding campaign on Indiegogo for him (you have to be 18 and Trystan was 10) with a goal of raising \$500.00. He did not reach his goal, but he made \$360.00 which he donated as \$165.00 in cash and the rest in 'really cool toys' for our birthday program. It's nice to know philanthropy can start at any age.

## ST. JOSEPH'S MOBILE HEALTH CLINIC RETURNS TO NSKS

Do you need to see a doctor but are afraid that you can't afford it? The St. Joe's Mobile Health Clinic is back!

NSKS is overjoyed to welcome back the doctor's office on wheels that is St. Joe's Mobile Health Clinic. Are you concerned about something? The mobile clinic is just like a doctor's office on wheels, and you don't have to have insurance to use its services.

The clinic does examinations, vaccinations, and treats all kinds of physical concerns. You can also discuss mental health concerns.

The first day the Mobile Health Clinic will be here is Thursday, May 26, from 4:00 to 6:00 PM. Come to have dinner; stay and get that problem taken care of.

## DIRECTOR'S BLOG

Last week, I had a chance to attend a conference and was reintroduced to Asset Based Community Development (ABCD). I was first exposed to ABCD when I ran a small housing organization in Bloomington, Indiana. We had partnered with the First United Methodist Church to turn their recently renovated basement into a day center for very low-income people, especially those experiencing homelessness. Asset Based Community Development starts with the assumption that everyone has gifts. Everyone has skills and abilities and connections they can offer to the community. While it may seem like common sense, it flies in the face of the assumption many of us have when approaching work in the field of human services. Far too often, the only question we ask people is "what do you need?" And while we need to know whether someone needs a night of shelter, or a meal to eat, or toiletries, or financial assistance for utilities or to repair a car, all of which NSKS provides, we also need to be ask the opposite question. "What can you do?" or "How can you help?"

A description from an online introduction to ABCD reads "The appeal of ABCD lies in its premise that communities can drive the development process themselves by identifying and mobilizing existing, but often unrecognized assets, and thereby responding to and creating local economic opportunity." It is not that we shouldn't be answering the first questions, in fact we have to — it is the reason why we are here. Instead, we ask the second set of questions for three reasons:

1. To let the people we serve know they are seen as the whole of who they are, with gifts to offer as well as areas they need help.
2. To change our view of the people we serve, seeing them as a whole person, complete in themselves, not just as the pressing need being presented at this current moment.
3. Our community will more fully thrive when it is able to bring together the full complement of all the gifts it has to offer.

For you, for me, for us, that is why we think about things in terms of Asset Based Community Development and why I am interested in what it would mean for NSKS as an organization. I look forward to future conversations.

Sincerely, Michael

**Please remember NSKS this summer.  
Donations slow down during this time.  
Please return the enclosed envelope with a gift.  
Those who depend on us thank you.**