



BREAD AND BOARD

The NSKS Newsletter

www.NSKS.org

The Greater Nashua Community will be one that ensures that the basic needs of all its members are met in a sustainable, accessible, and dignified way. The Nashua Soup Kitchen and Shelter will provide food and shelter to vulnerable individuals and families in the Greater Nashua Region in a dignified and sustainable manner. NSKS works to increase access to a full spectrum of basic needs through advocacy, targeted programs and collaboration with other organizations.

Winter 2020

ENCOUNTERING KINDNESS

My job cannot be done without the help of our donors & volunteers. Here are a few things some of our great volunteers and donors have done:

- I had a family of 3 come in for dinner. They were staying at a motel and walked with their young child to eat at the soup kitchen. They had a vehicle but one of the tires had a flat and they had no spare. One of our volunteers who was serving in the family dining area that day heard the story and offered to purchase a tire for the family.
- Volunteers purchasing, socks, hats, gloves, bottled water and deodorant then coming in monthly to provide these items to our clients.
- A Volunteer providing pants after one of our homeless clients kept coming in with torn pants.
- Volunteers feeding or holding a child during dinner while the parent goes quickly to the bathroom.
- Donors adopting our shelter kids during the school year to purchase clothes for school.
- SJH hospital donating money for us to purchase costumes for our shelter kids, so they, too, can go trick or treating.
- A donor providing a double stroller for a single mom with 2 small kids.
- A volunteer giving up his umbrella to a homeless man because it was pouring outside.

•A dinner volunteer purchasing a microwave for an elderly client after he came 3 straight Tuesdays to see if one had been donated.

•A volunteer going to their car and getting a blanket for a client after she heard me say I had given out all I had.

•Donor sewing comforters to make sleeping bags.

I can keep going on, with all the wonderful, compassionate gestures I see when I'm in our dining room on Tuesdays during dinner time. We have such great donors and volunteers--- with hearts of gold. Thank you for all the selfless acts that you do, that I see and admire. – Juana Fields

JOIN US AT "EMPTY BOWLS"

You are invited to our 25th annual Empty Bowls event! **February 19th** (snow day is 2/20) at Nashua High School South. This is a wonderful community event showcasing many of the talents of our youth including their handmade pottery bowls & the student jazz band. The National Art Honor Society student members organize the event & a silent auction in the foyer. Nearly 700 clay bowls are made by students and faculty of both Nashua High Schools along with community volunteers. A bowl is then chosen by those who attend the event and is filled with donated soups. Our wonderful volunteers for the evening include NAHS members from our North and South High Schools, the South Jazz Band, along with teachers, staff & community members who pick up the soup, bread, and numerous donations. **Promised donations already from** Alpine Grove, Bagel Alley, Bud's Restaurant, Burton's Grill, Chick-



NASHUA
SOUP KITCHEN
& SHELTER, INC.



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Find us on Facebook: Nashua Soup Kitchen and Shelter, Inc.

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Fil-A, Chili's, Chrysanthi's, City Room Café, Common Man, Country Tavern, Cozy Tea Cart, Crosby Bakery, Fairview Healthcare, Fratello's, Giorgio's, Hampshire Hills The Hills, MT Local, North Star Café, Panera Bread (Spit Brook Rd), Panera Bread (Amherst St), Peddlers Daughter, Riverwalk Cafe and Music Bar, Shorty's, Speaker's Corner, Stella Blu, T-Bones, The Homestead Restaurant and Tavern, Not Your Average Joes, Norton's Classic Café, The Foundry Restaurant and Shaw's Main Street. Get your tickets here: <https://nksk.org/empty-bowls/> or <https://secure.givelively.org/event/nashua-soup-kitchen-and-shelter-inc/25th-annual-empty-bowls>

27th Annual NSKS Run/Walk for FOOD & SHELTER Fundraiser

Sunday, April 5th will be our annual fundraiser Run/Walk for Food & Shelter. We'll have our 5K (included in the 2020 NH Grand Prix series!) and 10K run, a 3K walk and a Kid's sprint. This will be the 5th year holding the NSKS Corporate Team Challenge: 1. A coveted rotating corporate cup for the company with the fastest 5K runners (Congrats to Results Fitness Center for winning in 2019) 2. An award for the company that raises the most pledge money (Congrats to our 2019 Awardee: First Church, Nashua for collecting \$1,440.00) and 3. An award for the company with the most participants across all events (Congrats to Results Fitness Studio for having 32 participants on their 2019 team!).

Registration to Run or Walk is open. We welcome new sponsors at all levels. It is a great way to gain visibility for your business and support the programs at NSKS. Check out <https://nksk.org/run-and-walk-for-food-and-shelter/> for more details or contact Carol at carol@nksk.org or 603-889-7770 X 121.

"A PLACE TO CALL HOME"

THE NEXT STEP IN PROVIDING EMERGENCY SHELTER IN NASHUA
— ONE YEAR LATER

This time last year, we were both proud and grateful to announce 35 Spring St. will serve as the new location for our emergency shelter program, the next step in providing comprehensive emergency services to the single adults and families experiencing poverty in our community.

We wrote then that we would commence with fundraising for the new facility. Our goal, after further consultation with the architects and engineers was revised to \$4,600,000. I am happy to report that as of today, we have received commitments of \$3,700,000!!!

To announce today that we are at 80% of our goal is remarkable. At the same time, we still have a ways to go. Your support is critical. Our March Newsletter will feature the Place to Call Home.

2020 NSKS BOARD OF DIRECTORS

The NSKS is fortunate to have a wonderfully dedicated group of individuals who serve on our Board of Directors. A good Board is key to a healthy non-profit organization and these are the folks who deal with the nitty gritty issues of non-profit governance. Our 2020 Board members include: **Mary Slocum**, President; **Kathie Feltus**, Vice President; **Michael "Jerry" Ryan**, Treasurer; **Karin Duchesne**, Clerk; **Keith Bagley**, **Linda Bennett**, **Amanda Brodie**, **Joel Burns**, **Dave Grebowski**, **Shoshana Kelly**, **Linda Kipnes**, **Madeleine LaRose**, **Krishna Mangipudi**, **Janet Polaneczky** and **Rick Ruo**.

SAVE THE DATE

Saturday, November 7, 2020
for our 20th Annual
Dinner Auction Fundraiser

2nd ANNUAL HEROES & SUPERSTARS RECOGNITION EVENT

On December 8th, we acknowledged and celebrated some of our extraordinary volunteers and client success stories at NSKS.

Congratulations to our **Hero Volunteers**:

Joe Bates; Tom Bomberg & Cisco Volunteers; Joel Burns; Ben Freedman, Gate City Coop (John Burkitt, Don Pare and Tony Attardo); Greater Nashua Habitat for Humanity (Dave, Eric, Mary, Kurt, Tom & Glen); Al James; Diane and Jim Nocella; The Plus Company; Jenn Rafferty; White Mountain IT; and Empty Bowls leaders Robin Peringer & Margret Jones.

Congratulations to our **Superstar Clients**:

Steven Lawson & family; Michael M.

SINCERELY THANKING

We want to extend our gratitude to our "regular volunteers", these special individuals who come in for their shift no matter the weather or season. We also want to acknowledge many wonderful groups and generous individuals who helped us during our busiest time of year in November & December. Whether it was dropping a turkey or gift card off at the door, bringing in a trunk full of canned goods collected at the office, leaving bags full of handknit goods, volunteering with a group from work, mailing in a generous contribution, spending a moment online to send a donation, organizing a holiday fundraiser, helping with Christmas gifts or restocking our Birthday Gift room -- *all of it* made a difference, to us and recipients in need. Thank you!

WISH LIST

- **Financial contributions – \$25 will provide hot showers and wash a load of laundry for EIGHT homeless individuals.**
- **Sponsorships and participants for our 27th Annual NSKS Run/Walk for Food & Shelter.**
- **Volunteers for Breakfast or Dinner shifts**

Our Top Ten most-needed items are:

1. Canned Protein - Tuna, Chicken, Turkey, Ham
2. Macaroni & Cheese (Kid friendly favorite!)
3. Pasta- any type, any brand
4. Rice
5. Cereal - any type, brand or size, hot or cold
6. Deodorant
7. Body Wash or Bars of Soap
8. Toothbrush & toothpaste
(ask your dentist for samples)
9. Feminine Products
- both pads and tampons needed
10. Razors and shave cream

Please remember your donations support our work. Please give as generously as you are able so we can continue to help the families who come to us in order to survive.