



# BREAD AND BOARD

The NSKS Newsletter

www.NSKS.org

The Greater Nashua Community will be one that ensures that the basic needs of all its members are met in a sustainable, accessible, and dignified way. The Nashua Soup Kitchen and Shelter will provide food and shelter to vulnerable individuals and families in the Greater Nashua Region in a dignified and sustainable manner. NSKS works to increase access to a full spectrum of basic needs through advocacy, targeted programs, and collaboration with other organizations.

*No one should be hungry or homeless in our community.*

*Fall 2021*

## SAVE THE DATE

**Saturday, November 6, 2021**

for our 21st Annual Dinner Auction  
Fundraiser, "Moving Forward"

At this time, it will be an "in person" event!

FMI: <https://nks.org/dinner-auction/>

Focused Eye Care  
Liberty Utilities  
Lowell Five Bank  
Melanson

## Continuing with Compassion

HomeLight  
Kalil & Kress Family & Cosmetic Dentistry  
Northeast Delta Dental

Please consider becoming a Sponsor.

Advertising space is available.

Purchase tickets to attend.

Donate an item or experience for our Auction.

FMI: <https://nks.org/dinner-auction/>

## EARLY AUCTION SPONSORS

Thank you to these businesses who have already pledged their support for our "Moving Forward" Dinner Auction Fundraiser on November 6th:

**Forging Ahead to Shelter the Homeless  
Granite Subaru**

**Making Strides with our Meals for Kids  
The Nash Foundation**

**Marching On Serving Hot Meals Everyday  
Enterprise Bank**

**Making One's Way with Advocacy**  
Bonnette Page & Stone Corp.  
Christian Party Rental  
Eaton and Berube Insurance, Inc.

## WISH LIST

- Watch for our "30 Days of Giving for the Holidays" List on our Facebook page & our website to help fill our Holiday Food Boxes
- **Financial contributions:** one dollar will help us purchase nearly six pounds of food
- **Sponsorships, Advertisers, Auction item donors and Attendees** for our 21st Annual "Moving Forward" Dinner Auction Fundraiser November 6th.



NASHUA  
SOUP KITCHEN  
& SHELTER, INC.



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Find us on Facebook: Nashua Soup Kitchen and Shelter, Inc.

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## Remembering Three Extraordinary Volunteers

At Nashua Soup Kitchen & Shelter, we would not be able to fulfill our mission without the dedicated support of our volunteers and board leaders. During the past fifteen months, we lost three incredible members of the NSKS community: Linda Kipnes, David Grebowski, and Benjamin Freedman. The families and friends of each has chosen to name a space in the Spring Street shelter in memory of their loved ones as a way of carrying on their work and ensuring that their memories will serve as an enduring inspiration to us all.

The new 20-bed men's shelter will be named for **Benjamin Freedman**, a passionate NSKS breakfast volunteer for many years. Ben began serving with the weekly Tuesday morning crew from Temple Beth Abraham and found the experience to be so rewarding that he quickly became a NSKS morning regular, often serving breakfast several days a week. A recipient of NSKS's volunteer "Rock Star of the Year Award," Ben was inspired by a heartfelt desire to help others and brought tremendous warmth, as well as a great love of cooking, to his mornings at NSKS.

The family kitchen in the new shelter will be named for **David Grebowski**, who helped lead the committee for the Spring Street shelter and was an enthusiastic breakfast volunteer who loved to add his signature "specials" to the daily breakfast fare. Dave was a tireless advocate for NSKS and a true ambassador in the community, going about all of this work quietly and without seeking out personal recognition. Fay's Fine Cabinetry and members of Dave's family are helping to outfit the kitchen with cabinetry and other kitchen necessities.

In recognition of her belief in the power of lifelong learning and her wish to help those in need on the path to stable housing and financial stability, the family of **Linda Kipnes** has chosen to name one of the classrooms in the Spring Street shelter in memory of her. A tireless advocate of social justice, Linda had been an NSKS volunteer for more than 20 years and a board member for 17, continuing as an active breakfast volunteer in the NSKS soup kitchen even while she took on more leadership responsibility in the organization, including a term as board president.

These named spaces will be an enduring reminder of Linda, Dave, and Ben's steadfast devotion to NSKS and its mission, and of the many family and friends who so admired their compassion and activism.

## YOU MADE A DIFFERENCE: Amazing things donors made possible in FY21:

- 16,332 breakfast meals served
- 10,691 visits for fresh fruits and vegetables and bread through our Food Pantry
- 19,120 pounds of produce taken during Breakfast & Dinner giveaway\*
- 46,000 pounds of produce distributed through our Mobile Food pantries\*
- 44,417 dinner meals served
- 4,389 food baskets given to households
- 12,510 frozen Nashua Meals for Kids produced and distributed
- 5,063 bags of toiletries and personal care items distributed
- 9,508 nights of emergency shelter provided to homeless persons
- 507 visits by our Outreach advocates to homeless individuals, distributing 134 needed items like sleeping bags, tents & tarps\*
- 40 Birthday bags (packed with party supplies, cake mix, candles and gifts) provided to the parent of a child celebrating a birthday
- 43,557 diapers distributed
- Clients took 514 showers and washed 455 loads of laundry
- 173 pounds of produce grown in NSKS garden beds
- 562 clients were helped by our Employment & Education advocate.
- Individuals and families served come from Nashua, Hudson, Hollis, Wilton, Milford, Amherst, Merrimack, Pelham, and Mont Vernon
- Volunteers and supporters come from the above cities & towns and beyond

\*New, implemented because of COVID

## Our Top Ten most-needed items are:

1. Rice – any type or brand, 2# bags are best
2. Bags of Dried Beans
3. Canned Fruits/Fruit cups for kids
4. Canned Protein – Tuna, Chicken, Turkey, Beans (Black, Kidney, Garbanzo, etc.)
5. Shampoo
6. Body Wash or Bars of Soap
7. Toothbrush & toothpaste
8. Razors and Shaving Cream
9. Deodorant (men's or women's)
10. Diapers – Large or X-Large – any brand

***Please remember your donations support our work. Please give as generously as you are able so we can continue to help the families who come to us in order to survive.***