



BREAD AND BOARD

The NSKS Newsletter

www.NSKS.org

The Greater Nashua Community will be one that ensures that the basic needs of all its members are met in a sustainable, accessible, and dignified way. The Nashua Soup Kitchen and Shelter will provide food and shelter to vulnerable individuals and families in the Greater Nashua Region in a dignified and sustainable manner. NSKS works to increase access to a full spectrum of basic needs through advocacy, targeted programs and collaboration with other organizations.

Winter 2021

What the CARES Act means for your charitable giving in 2021

On December 27, 2020, another stimulus package was signed into law to help combat the far-reaching impacts of COVID-19. In many ways, this bill extends the charitable tax incentives enacted by the Coronavirus Aid, Relief and Economic Security (CARES) Act back in March 2020, but it also provides some additional provisions.

Are you itemizing deductions?

The adjusted gross income (AGI) limit for cash contributions to qualifying public charities remains increased for individual donors. For cash contributions made in 2021, you can elect to deduct up to 100 percent of your AGI (formerly 60 percent prior to the CARES Act).

Not itemizing?

The CARES Act allows for an additional, "above-the-line" deduction for charitable gifts made in cash of up to \$300. Joint filers (who aren't itemizing) will be allowed to take an above-the-line deduction of up to \$600 in cash contributions to charity this year.

Interested in corporate giving?

The AGI limit for cash contributions also remains increased for corporate donors. In 2021, corporations can deduct up to 25 percent of taxable income (formerly 10 percent prior to the CARES Act).

CDFA Tax Credits

NSKS has been presented with a unique opportunity to address the challenges faced by those in our community who are struggling with homelessness. We have initiated a capital campaign to renovate a historic school building, on Spring Street in Nashua, into our new, expanded shelter. If you own a business in New Hampshire, your donation to

our capital campaign can help both you and NSKS. We have received a grant from the State of New Hampshire, which can provide a 75% credit on New Hampshire State Business Profit Tax, Enterprise Tax, and Insurance Premium Tax, allowing your donation to have a significantly larger impact. Seventy-five cents of every dollar is a credit to your state taxes. The remaining amount is considered a deduction on your federal taxes.

Please make a gift today by going to this website <https://nhcdfa.org/nashua-soup-kitchen-a-place-to-call-home-homeless-housing/> or by calling 603-226-2170.

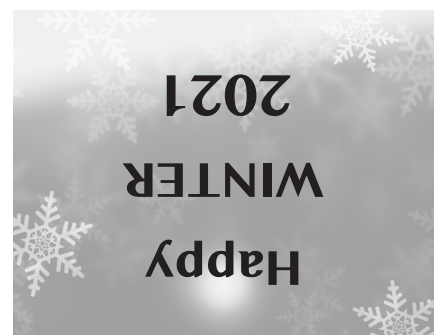


Activity with the NH FOOD BANK in 2020

The New Hampshire Food Bank in Manchester recently provided us with a summary of our activity with them for last year. With the COVID pandemic, we increased picking up more fresh produce each week so we could supply our new, mobile pantries with enough to distribute. And with donations dropping, we had to make sure we had enough non-perishables on our Food Pantry shelves to pack our emergency food boxes.

NSKS acquired 311,355 pounds of food from the NH Food Bank between 1/1– 12/31/20. That is more than 155 tons of food!

The Shared Maintenance Fees we paid for this food totaled \$3,411.32. The "Fair Market Value" of the food we picked up is 311,355 pounds X \$1.62 (the fair market value set forth by Feeding America = \$504,395.10! What a valuable partnership!



NASHUA
SOUP KITCHEN
& SHELTER, INC.



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Ash Street Shelter Dinners and “Friends from Hollis”

The first floor of our Ash Street Shelter has always provided emergency shelter for homeless men. And one thing the first floor has never had is a kitchen. The men have to go over to the Soup Kitchen for their meals because they have nowhere to prepare their own food. Over the years, we have had groups prepare homecooked meals and deliver them to the shelter to feed 24 men once a month. Recently, one of the long-time group leaders shared their history of providing meals:

Our team’s shelter dinner project started in 2004 and has continued since then on the first Thursday of every month, when a hot meal is delivered to the Ash Street Shelter. There have been just a few times, mainly due to bad weather, when it was not safe to deliver the meal. For those times, pizza was delivered to the shelter. The team is a group of friends. On average we have about 10 people on our team.

The inspiration for this effort came from our children when they were students at Hollis Brookline High School. A history teacher at the high school suggested to some students that they consider helping the homeless by providing dinners for the Ash St. Shelter. When the students graduated from high school, the mothers of the students decided to continue the effort. Those “students” are now adults with families of their own.

Each month an email is sent to team members, where they can sign up to provide an entree, side dish, dessert, fruit, or snack. The team meets in Hollis on the first Thursday of the month to gather all the food, and two members deliver it all to the shelter.

At Christmas, members make gift bags for the men which contain hats, gloves, socks, and toiletries. In recent years, the single women who reside upstairs at the shelter, receive gift bags with the same items. This past Christmas, the gift bags also contained craft items, which may have stimulated the creative side of the residents. The bags were delivered this past Christmas by two college students, who have been contributors to our effort since their elementary school days. Additional students over time, ambassadors for the homeless, encouraged their fellow students to donate items for the Christmas gift bags.

During the summer months, members contribute to the purchase of BBQ items: hamburgers, hot dogs, buns, salads, etc. for the men to barbeque at the shelter. Shopping is done by team members.

The pandemic caused many of the team to exercise greater caution in getting out, so, a few members with the financial support of the team, have continued to bring meals to the shelter during these trying times.

The success of this team is due to the strong friendships that have developed over many years, the support of the team members’ families, the concern the members have for those who are homeless, and their dedication to this effort. Everyone always accepts their role in this effort without hesitation and with their unwavering concern and dedication.

We are extremely grateful to our “Friends from Hollis”! They have provided meals more than 200 times to our shelter men since their project started. If you are interested in getting a team together for once-a-month meals, we do have openings on our calendar. Please email Olga, our Director of Housing Services. Olga@nksk.org

“EMPTY BOWLS”

We regret to let you know that we will not be able to hold this annual community event the 3rd Wednesday in February at Nashua High South, usually hosted by the Art

Honor Society. One-of-a-kind pottery soup bowls will have to wait for their new owners to find them. Gallons of delicious soups, chowders, stews, and chili, donated from area restaurants, will have to be eagerly anticipated for another time. We’ll plan for our Empty Bowls fundraiser when we can all safely gather.

27th Annual NSKS Run/Walk for FOOD & SHELTER Fundraiser

As the new year begins, we are usually tweaking our plans for our annual Run/Walk for Food & Shelter in April. Even though 2021 is a new year full of great potential, COVID is still very much a part of it. We are relieved that a vaccine is being distributed and administered around our country, but it will still be too soon to have our fundraising Run/Walk in April 2021. We are looking ahead to Sunday, April 3rd, 2022 for our 27th Annual NSKS Run/Walk for Food & Shelter. We can’t wait to see everyone running and walking then!

2021 NSKS BOARD OF DIRECTORS

The NSKS is fortunate to have a wonderfully dedicated group of individuals who serve on our Board of Directors. A good Board is key to a healthy non-profit organization and these are the folks who deal with the nitty gritty issues of non-profit governance. Our 2021 Board members include: Mary Slocum, President; Krishna Mangipudi, Vice President; Michael “Jerry” Ryan Treasurer; Madeleine LaRose, Clerk; Keith Bagley, Linda Bennett, Joel Burns, Jane Goodman, Shoshana Kelly, Linda Kipnes, Janet Polaneczky and Rick Ruo.

DIRECTOR’S BLOG

The warmth, caring and generosity of the community that supports NSKS was especially uplifting for the employees and clients this past holiday season. Over 100 donors gave in the name of Christmas or as their present to family members and friends. Dozens of employers donated in the name of an employee or together with their employees chose to give to NSKS instead of having a holiday party. And many donors expressed their concern that everyone in our community receive food and shelter.

A few quotes from donors, “To help support the community.” “Thank you for all you do for the Ledge St. families.” “A donation in support of your valuable work in making Nashua a better place to live.” And lastly, “In memory of my mother, who passed away to Covid-19.”

Please, stay safe and thank you for helping us support members of our community.

In peace, Michael Reinke

Our Top Ten most-needed items are:

1. Canned Protein - Tuna, Chicken, Turkey, Ham
2. Macaroni & Cheese (Kid friendly favorite!)
3. Pasta- any type, any brand
4. Rice
5. Cereal - any type, brand, or size, hot or cold
6. Deodorant
7. Body Wash or Bars of Soap
8. Toothbrush & toothpaste
(ask your dentist for samples)
9. Feminine Products
- both pads and tampons needed
10. Razors and shave cream

**Please remember your donations support our work.
Please give as generously as you are able so we
can continue to help the families who come to
us in order to survive.**