



# BREAD AND BOARD

The NSKS Newsletter..... <https://nks.org>

*The Greater Nashua Community will be one that ensures that the basic needs of all its members are met in a sustainable, accessible, and dignified way. The Nashua Soup Kitchen and Shelter will provide food and shelter to vulnerable individuals and families in the Greater Nashua Region in a dignified and sustainable manner. NSKS works to increase access to a full spectrum of basic needs through advocacy, targeted programs, and collaboration with other organizations.*

*No one should be hungry or homeless in our community.*

*Thanksgiving 2020*

## 30 ACTS of KINDNESS for the HOLIDAYS

For the next 30 days, use this list and take each requested new, unopened item from your pantry (or when you shop) and place them in a box. Drop off your box to Nashua Soup Kitchen & Shelter at 2 Quincy Street by the second Friday in December and we will pass it along to a family in need! Celebrate the holidays by helping a neighbor.

1. Box of Cereal or Oatmeal
2. Peanut Butter
3. Pasta (any type)
4. Boxed Mac & Cheese
5. Canned Corn
6. Canned Green Beans
7. Canned Cream of Mushroom Soup
8. Canned Yams
9. Canned Mixed Vegetables
10. Gravy (canned or envelope)
11. Cranberry Sauce
12. Stuffing Mix (bagged or boxed) enough for a 14# turkey
13. Canned Vegetable of Your Choice
14. Miniature Marshmallows
15. Broth
16. Rice
17. Container of Crispy Fried Onions (for green bean casserole)
18. Small bag of Flour
19. Small bag of Sugar
20. Small bag of light or dark Brown Sugar
21. Spices (suggestions: Salt, Pepper, Cinnamon, granulated Garlic or Onion, etc.)
22. Hot Chocolate Mix
23. Package of Holiday napkins
24. Holiday Candy/Candy Canes
25. Family size bottle of Shampoo
26. Bar of Soap or Bodywash
27. Package of Shaving Razors
28. Lotion
29. Box of Tissues
30. \$10 Grocery Gift Card for dessert & other needed ingredients

**BE PART OF OUR**  
**20th Annual Virtual Auction Fundraiser**  
**“Envision a Brighter Future”**  
**Saturday, November 7 at 7PM**  
 FMI: <https://nks.org/dinner-auction/>  
 To Sign In, Sponsor, View Items:  
<https://one.bidpal.net/NSKSGala2020>

Our live-streamed dinner auction supports the programs of NSKS. Monies raised from our Fund-A-Need during the event will support our “Nashua Meals for Kids” program.

## 2020 AUCTION SPONSORS (as we go to press)

**Full Bellies Champion Sponsor**  
Granite Subaru

**Stocked Fridge Sponsor**  
Ioana.Singureanu

**Dinner For Days Sponsor**  
Eileen Beckhardt Freedman  
India Association of New Hampshire  
Lovering Auto Group  
Microdesk Inc.

**Full Pantry Guardian**  
Eaton & Berube Insurance Agency  
Enterprise Bank  
Janet & Dan Griffin  
Law Logistics  
Lowell Five Bank  
Nash Foundation  
Nashua Teachers’ Union  
Ruo & Haschig Realty, Inc.



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Find us on Facebook: Nashua Soup Kitchen and Shelter, Inc.



## Sunnyside Up Breakfast Backer

Focused Eyecare  
Jeanne D'Arc Credit Union  
Southern New Hampshire Health

## Sunshine & Rainbow Donor

Northeast Delta Dental  
Hollie Halverson  
Melanson  
Morin's Landscaping

## NSKS COVID-19 UPDATES

In these days of COVID-19, we are doing our best to make sure all who work, volunteer, donate and visit here remain free of this virus. We ask that you help us by following these simple rules:

1. You must properly wear a mask while you are in this building. It must cover both your mouth and your nose. If you do not have one, one will be given to you.
2. Upon entering the building, your temperature will be taken with a touchless thermometer. If you are running a fever (100 degrees or higher), you will be asked to leave and return when you no longer have a fever.
3. You must sanitize your hands with hand sanitizer upon entering the building. There are dispensers throughout the building.
4. Gloves are provided upon request. Touch as little as possible while in the building.
5. Maintain a 6-foot distance from all others whenever possible.
6. We encourage you to wash your hands with soap and water before leaving the building.

## OTHER COVID-19 SERVICE UPDATES

at our 2 Quincy Street Location

### Meal Services:

**Breakfast:** Dine-in and to-go meals  
Monday – Friday: 8:30am-9:30am

**Dinner:** Dine-in and to-go meals  
Monday – Saturday: 4pm-6pm  
Sunday: 12pm-1:30pm

### Pantry Services

Non-perishable food boxes & fresh produce available prepacked:  
Monday, Wednesday, and Friday: 12pm-3pm

### Personal Care Products

Available once per month during Pantry Services

### Financial Assistance

By appointment only with  
Juana 603-889-7770 X 115

### Education & Employment Assistance

By appointment only Donna 603-889-7770 X 117

## OUR 2020 THANKSGIVING & HOLIDAY FOOD BOX DISTRIBUTION

### Thanksgiving Boxes

11/19 Thursday	11am-3pm
11/20 Friday	11am-3pm
11/23 Monday	11am-3pm
11/24 Tuesday	11am-3pm
11/25 Wednesday	11am-3pm
11/26 Thursday-- THANKSGIVING	– No pantry
11/27 Friday	No Pantry

### Holiday Boxes

12/17 Thursday	11am-3pm
12/18 Friday	11am-3pm
12/21 Monday	11am-3pm
12/22 Tuesday	11am-3pm
12/23 Wednesday	11am-3pm
12/24 Thursday-- CHRISTMAS EVE	– No Pantry
12/25 Friday – CHRISTMAS DAY	– No Pantry

## WISH LIST for WAYS YOU CAN HELP

- \$10 Grocery Gift cards • Financial Contributions
- Volunteers for Food Box Distribution Days • Large Diapers
  - Food Drives • Winter Hats & Gloves (all ages)
  - Participate in 30 Days of Giving
- Watch our virtual Auction Fundraiser November 7 on YouTube with friends & family—bid high!

## EXECUTIVE DIRECTOR'S BLOG

Yesterday, I had the opportunity to go into the basement of the old Sacred Heart Elementary School on Spring St. and went down into the basement. Standing in the south west corner were the cast iron pads which formerly had supported the two boilers responsible for heating not only the classrooms in the upper floors but also the main sanctuary and the parish center, whose gym faces Main street. As I stood there looking at the empty space, I thought of the children of Irish, Lithuanian, and Polish immigrants who had arrived in the 1870s and 1880s and how they needed a place to go to school. The men and women of the time felt building the school was so important that they worked nights and weekends, finishing the building in the space of nine months. When the doors of the building opened in 1892, it was a gift to perhaps the most vulnerable members of Nashua at the time and an opportunity for a brighter future.

Almost 130 years later, we stood in this corner of the building, the original brick exposed on the wall and floor. The asbestos and lead paint had been removed along with the boilers and most of the immensely large pipes. The space was now ready for something new. After forty years of minimal use as storage and a temporary home for the Gate City Bike Coop, the building is ready to be reborn, again to serve the most vulnerable in our community. Families with children and single adults experiencing homelessness will find refuge and an opportunity for a brighter future after spending the night on the streets, in a car, or a night or two with a friend after consecutive friend.

Over the past eight months, problems which have long festered in our nation have been brought to light. Certainly, the experience of homelessness is one. Where in the past we might have thought the problem was tied to an individual's lack of responsibility or a family's struggle with a substance use disorder or a mental health diagnosis, today we understand that whatever the cause, the challenge faced by one person or one family is really an opportunity and a responsibility for us all. Spring St. Forward, the name of our campaign, will provide the space for Greater Nashua to support those most vulnerable and most at risk. Parenting classes, AA meetings, and GED certification will take place in the classrooms. Young children will finally have a place of their own to play. Older children will join the PALS activities taking place in the gym or benefit from a proposed homework center on the grounds of the Church of the Good Shepherd. Single adults with difficulty staying housed will have a supported, permanent place to stay.

As we moved outside, and raised our honorary shovels to mark the advent of a new phase in the building's history, I could not help but think that the sweat and tears and love which raised the building in less than a year had carried across the decades reborn into a new day.

**Remember NSKS as you celebrate  
Thanksgiving with family and friends.  
Please give generously. Thank you!!**